

Knightsbridge Seniors Club



Newsletter

August 2024 * Volume 14 * Issue 8

President's Report

MAY I SAY – how much I HATE SUMMER COLDS! Adolf and I have had a nasty cold, sore throat, and cough for the past week! I do hope all of you are doing and feeling better than I am - as I write this report for the August newsletter. **HOWEVER, I will stop whining now – and just encourage all of you to come out and join in our summer activities.**

NEW MEMBERS - just want to let you know that things do slow down a little in the summer months – so **DO NOT** get discouraged. Check out the activities that are still running, which are most of them – and see what your seniors club – Knightsbridge - is all about!

MONDAYS – Summer session of **Line Dancing – from 2-3:30 p.m.** led by Emily Teo. Everyone who attends is still enjoying themselves during the summer. The fall & winter session will recommence on Monday, September 9th from 2-4 p.m. in the Auditorium.

WEDNESDAYS - TAI CHI – **will close at the end of August** – But I will keep you posted about a restart when I can find another instructor.

BINGO – on Wednesdays too – is

still running and we enjoy seeing all of you coming out and bringing friends to visit as well. Do not forget – your friends can only participate 2-3 times, and then would have to join the Club.

IN THE MEANTIME, Please try to participate in all the upcoming events that we are still planning for you during the summer – and into the rest of 2024:

- **SEPTEMBER 5TH** – is our Gravenhurst Cruise & Luncheon: **IF YOU HAVE RESERVED** a seat on this trip – you need to have paid for it by the end of July. We always must give them a deposit, which tells them we have sold out the trip.
- **SEPTEMBER 25TH** – will be our Oktoberfest BBQ.
- **OCTOBER** – will bring another Court Whist game on the 19th (a Saturday evening - and perhaps another Fallsview Trip before the winter season catches up with us!
- **NOVEMBER 8th and 14th** will be another Euchre & Bid Euchre tournament to round out 2024.
- **DON'T FORGET** – we plan on having our Xmas luncheon once again – **LOOKS LIKE THIS WILL BE ON THURSDAY, DECEMBER 5TH. AND we will definitely be using another caterer** – TKs - who cater events for the City and Club (continued on Page 2)

Detecting & protecting yourself from fraud and scams



2nd. Article in the series

Identify a scam or fraud

Scammers often use basic information they have gathered about you to trick you into giving more financial and personal information. A phishing scam is when someone does this by pretending to be an individual or company you know.

Be smart from the start

Be cautious when asked to provide financial and personal information of any kind to anyone. Scammers may pretend to be from:

- * your family
- * your bank

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What's Inside

Thursday, September 5
Lake Muskoka Cruise

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Wednesday, September 25
Oktoberfest BBQ

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Saturday, October 19
Court Whist

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• We are also starting to plan our New Year's Eve dinner/dance again this year!

Stay well, stay safe and enjoy your summer!

Wanda Menge, President

Director's Reports

Greetings everybody. Great news from the front desk! The Lake Muskoka Cruise and Lunch Trip has been sold out! But we have a short waiting list of people who would like to buy a ticket should anyone back out. For those of you who have signed up for the trip but have not yet paid, your payment is due by the end of July. Wishing everyone on the trip a wonderful cruise!

Sue Scheffer, Director

Hi everyone, August is here, and summer is half over.

The Snack Bar is still doing well and our Euchre on Friday is doing well with 6 or 7 tables every week. Come out and join us for the afternoon and meet old friends and make new friends.

See you at the club.

Nancy Van Tassel, Director

The Bingo is going along really well, we even have several new players join us.

I hope everyone is having a great summer, hope to see you all at Bingo.

Brian Kent, Director

Borrowable refractor telescopes

The Brampton Library is inviting residents to discover the universe, and not only through books. The library, which has eight branches in the city, is now offering borrowable refractor telescopes.

According to the library, the refractor telescope is "perfect for terrestrial and celestial viewing by explorers of all ages" and can be used to view planets, the moon, star clusters and brighter deep sky objects.

Residents can borrow telescopes using their library cards at any Brampton Library branch. The telescopes can be borrowed for up to seven days and renewed if no one is on the waiting list.

The library has several other items available to borrow at no cost, including GoPro cameras, memory-care kits, board games and bird kits.

Celebrating KSC Members



Birthdays!

- Shirley Connell
- Jacqueline Fraites
- Carmen Hutchinson
- Ethel Irving
- Eric Jackson
- Anita Jackson
- Amity Lam
- Valerie MacKinnon
- Lilian McMaster
- Giovanni (John) Portincasa

Celebrating KSC's
90+ Members

Happy 93rd to

Frank Shuttleworth

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President.....Wanda Menge
Vice President.....Angela Smith
Secretary.....Sophia Baranik
Treasurer.....Pat Malcolm

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Marguerite Friday
Brian Kent
Susan Scheffer
Nancy Van Tassel

Knightsbridge News is published monthly for KSC members and guests. All news items will be considered for inclusion and must be received by the 20th of the month prior to edition.

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Lake Muskoka Cruise & Lunch

SOLD OUT!

Reserved Tickets they must be paid for by Wednesday, July 31!

Wenonah II



Discovery Centre

Thursday September 5, 2024



Itinerary:

- 8:45 - Coach arrive
- 9:00 - Coach will depart
- 11:30 - Arrive at Muskoka Steamships & Discovery Centre
- 11:45 - Board the Wenonah II
- 12:00 - 2 Hour cruise with Lunch
- 6 oz Sliced Roasted Turkey Breast, Traditional Stuffing, Turkey Gravy, Mashed Potatoes and Seasonal Vegetables
- or
- Stuffed Bell Pepper - Gluten Free Grain Medley of Rice, Quinoa, Buckwheat, Grilled Vegetables, Marinated Tempeh, House Made Tomato Sauce, Mashed Potatoes, Seasonal Veg

and

- Chef's Choice Dessert with your choice of Tea or Coffee
- 2:00 - Arrive back at the dock
- After the cruise the group may wish to tour the Discovery Centre.
- 5:30/6:00 - Arrive back at the centre. (Earlier if you do not wish to stay at the Discovery Centre for long)

Price per Person- Members \$140.

Non-members \$145.

Make your reservations soon
for this comfortable, safe, wheel chair
accessible adventure.

- * a utility company
- * an insurance company
- * a company you may do business with (for example, Amazon or Costco)
- * a service provider (for example, duct cleaner, internet or mobile services)
- * the government

If you have concerns with the legitimacy of a request for personal or financial information, contact the organisation, through their normal channels, before you respond.

Although most people use the term fraud when describing a scam, it is only considered fraud when a scam is successful.

Types of scams

These are the most common types of phishing scams that you should be aware of.

Hyperlinks - you are asked to select a hyperlink that takes you to a website that gathers personal details about you such as interests and recent online activity.

Text (SMS) - you receive a text message from a scammer that asks for your financial and personal information through text messaging or to click a link that takes you to a website to try to collect your financial and personal information (such as your full name, date of birth, banking/credit card information).

Telephone - you receive a phone call from a scammer enticing you to give them financial and personal information. In many cases, these scammers have a sense of urgency or tell you that you need to act immediately.

Email - you receive an email from a scammer impersonating a known institution or business

with a hyperlink or downloadable document that is designed to collect your financial and personal information.

Social media - you receive messages on social media platforms pretending to be customer support asking you to share financial and personal information.

QR codes - you receive a QR code, usually by email, that takes you to a malicious website designed to collect your financial and personal information.

Signs of a scam

Help protect yourself from a scam by looking out for these common signs:

Pressure to make a quick decision either overnight or on the spot and are threatened if you don't comply.

Requests to keep matters confidential and not share the details with local authorities or family and relatives.

Urgent messages demanding you contact the sender immediately.

Being asked to provide money in unusual formats such as gift cards, bit coin and prepaid credit cards.

An email from an unknown sender with a link or attachment.

Email or phone requests for financial information (for example, credit card number, bank account information and personal identification number (PIN)).

Email or phone requests for personal information (for example, Social Insurance Number (SIN), date of birth and security answers).



COURT WHIST
SATURDAY, OCTOBER
19TH, 2024

TICKETS WILL BE ON SALE:
SEPTEMBER 9th, 2024

DOORS OPEN: 6:00 P.M.

GAME STARTS AT:

6:30 P.M. SHARP!

\$10.00 per person

Refreshments will be served.

[MEMBERS & NON-MEMBERS ARE

WELCOME TO ATTEND]

**KNIGHTSBRIDGE SENIORS' CENTRE –
AUDITORIUM**

PLEASE BUY TICKETS AHEAD OF TIME!

DEADLINE to purchase tickets is:

Friday, October 11th, 2024

We have room for 10 tables of 4 (a maximum of 40 people ONLY) – AND we do request that you 'show up' on that evening, PLEASE. We need four people at a table to play this game properly.

Our next BBQ is:

Wednesday

September 25th, 2024

FROM: 11:00 a.m.--12:30 p.m.

PLEASE NOTE: BINGO start time will be slightly delayed till 1:00 p.m.

\$10.00 per person for a SAUSAGE – OR – a HAMBURGER – on a bun, with all the fixins’, Salads, Drinks & Dessert!

2nd sausage, or burger?

\$2.00 EXTRA

TICKETS ON SALE:

AUGUST 12, 2024

**DEADLINE FOR
TICKET PURCHASE
IS: WEDNESDAY,
SEPTEMBER,
18th, 2024**

**PLEASE
REMEMBER
TO BUY YOUR
TICKETS
AHEAD OF TIME!**

Ontario: A Land Among Lakes Word Search

When it comes to water-based getaways, tropical beaches get all the glory. But one of the most wildly diverse aquatic environments in the world lies far from the Equator, where palm trees are replaced by the towering pines and sweet maples that surround more than a quarter-million lakes in southeastern Canada's economic hotspot. Even its

name is lake-derived from the eponymous Lake Ontario, an adaptation of a word meaning "sparkling water" from the Haudenosaunee Indigenous Peoples. Nearly one-fifth of the world's fresh water can be found in the province, perhaps unsurprising given that four of the five Great Lakes serve as the province's borders.

We have chosen only 22 of the numerous Ontario lakes, can you discover them all?



D K K M K N I A U T O T N N C
 J M C W W I I N O E O X D I H
 Y O G I M E I P T M K S S P U
 X H C P R V Q E I A G O I I R
 M U F Z A E N R N G J W R S O
 Y T R N X O M A A A O S V S N
 I G H X T S K I M M O N P I D
 W O U S T O I W L I Y A H N Y
 E P D E K B M A Z I N A W G N
 S E S S I M C O E Y K I Z H I
 R N U T L O E R I E D N V D A
 K M I H J Q L H P E S O J Y R
 H B S Q O S R O S S E F O R P
 A C R U L R N G R F C B T W P
 U O N D P T S G R V Y F X O M
 U B E I A E P E I M Z L S O O
 H W Y R L S R X S T H U S G U
 N J I B C S G I E H F U Y X G
 L O V K Y T U Z O G O R K F Z
 P Y F P Y X J P X R N E E D O

ABITIBI
 ERIE
 HORSESHOE
 HURON
 IVANHOE
 JOSEPH
 LIMERICK
 MANITOU
 MUSKOKA
 MAZINAW
 NIPIGON
 NIPISSING
 ONTARIO
 PROFESSORS
 PUSLINCH
 RAINY
 REDSTONE
 SIMCOE
 SUPERIOR
 TEMAGAMI
 TEMISKAMING
 WAHWASHKESH

Knightsbridge Seniors Club - PROGRAM & ACTIVITIES

SCHEDULE - SPRING & SUMMER 2024

<u>BOOKING TIMES</u>	<u>LOCATION</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
9:00-12 Noon	Meeting Room	<u>Stitch n Chatter</u> 10:00 am-12:00 pm	<u>Table Tennis</u> 9:00-10:30 am	<u>KSC Board Mtg.</u> 10:00-11:30 am [1st WED. of mth.]		
	Craft Room			<u>NO MTG. IN JULY & AUGUST</u>		<u>Ceramics</u> 9:30-11:30 a.m.
9:30-11am	COB Program	Billiards	Billiards	Billiards	Billiards	Billiards
10 am-1:30 pm	Auditorium	<i>PAHA activities</i>		<u>TAI CHI</u> 9:00-10:30 a.m. (New day & time)	<u>SHUFFLEBOARD -</u> or <u>KURLING</u> 9:00-10:30 a.m.	
	Meeting Room			<u>CONCLUDES AT THE END OF AUGUST</u>		
12-1:30pm	COB Program	Billiards	Billiards	Billiards	Billiards	Billiards
12:30-4:00 pm	Auditorium	<u>Line Dancing</u> 2:00-4:00 p.m. PLEASE NOTE: SUMMER SESSION: JULY 8th-AUG.26th 2-3:30 p.m.		<u>BINGO PREP</u> 11:30 am-12:30 pm <i>pm</i> <u>BINGO GAME</u> (NEW start time) 12:30-3:30 pm	<u>Bid Euchre</u> 1:00-4:00 p.m.	<u>Euchre</u> 1:00-3:30 p.m.
2:30-4 pm	COB Program	Billiards	Billiards	Billiards	Billiards	Billiards