



Knightsbridge Seniors Club

Newsletter

February 2024 * Volume 14 * Issue 2

President's Report

As I have mentioned before – I do sometimes (**and never purposefully**) forget to thank those of you who do provide your time – and energy to the Club. I may make this a monthly item – and post a name at least once a month!

THANK you - Linda Disher. You not only provide your time at the Bingo games – but for the past few years you have contributed to our prize packages, with Avon products – for Mother's Day, Christmas lunch, New Year's Eve goody bags, and other draws. We do appreciate your generosity – and know we do not tell you that often enough!

Renewals, or new memberships are going well – and can be purchased at our Front Desk, during the hours that a volunteer club member is on duty. The normal desk shift is 10:30 a.m. to 1:00 p.m., but some of our volunteers do stay until 1:30 p.m. I know that does not always suit some of you – BUT I ask your indulgence and patience – we do our best to cover the main timeframe that many of you are around and/or at the Club.

FEBRUARY 14TH, 2024 – will be our annual, for members only, **Pancake Brunch.** **PLEASE BUY**

your tickets AHEAD of time. **We need to know the number of people to cater for!** Every year we have many of you thinking that you can just drop in – but you will be taking a chance that there is none left for you! **\$8.00 each again this year** – gets you 2 pancakes, 2 sausages and a drink of your choice! **ADDED** this year – a draw for a basket of Valentine's Day goodies – **BUT you only get to be in the draw if you buy a ticket for the Pancake Brunch.**

Our **Volunteer Dinner** this year will be held on **March 26th** – at the **Mandarin.** Everyone enjoyed this choice last year. **VOLUNTEERS** – watch for your invites – which will be sent out or presented to you at the Club – soon!

Our **Annual General Meeting (AGM)** will be held on **Tuesday, May 14th, 2024.** Notices and other details will be posted in late February.

MEMBERS - We always need VOLUNTEERS! Many of our Board members, and other members, have volunteered in their various positions, and activities, for many years. **PLEASE talk to me – or any one of our current Board Members.** The most important of these tasks are:
* Volunteers to staff the snack bar, make sandwiches, serve coffee, tea, and other snacks, etc. YES, sometimes it can be slow (& perhaps con-



Happy 90th Nancy!
KSC Director and long time volunteer, **Nancy Van Tassel** celebrated her birthday with many friends and family on January 13 in the auditorium.

sidered boring) – but it is an important part of our 'service' to our members.

* The Front Desk - our regulars do need an occasional day off, have doctor's appointments, or need to go on a vacation with their families – so we

What's Inside

**Wednesday,
February 14
Pancake Brunch**

See Page 3.

**2024 KSC
Memberships
on Sale!**

Purchase at the front desk.

need replacements, or fill-ins from time to time. AGAIN, there are slow times – but there is lots involved. You could keep our binders up to date – memberships to sell – tickets on sale for a current event, etc.etc.

Let us know if you prefer a particular weekday, and time of day; or even if you are willing to fill in a shift now and again!

USEFUL INFO – AND just a suggestion: our Garden Room is the only room that is ‘free of charge’ – SO if a small group (say 6-8 of you) wish to get together for a coffee and a chat; or to celebrate a friend’s birthday, etc. check with me, or one of our Board members, or Desk Staff – they can advise you of quiet times, or slower times if you wish to use that room for a SMALL social gathering. OR – you could just drop by, get a coffee and a snack with another member, or a friend you want to make, or someone you just want to catch up with!

STAY TUNED – watch the Notice Boards and Newsletters for upcoming events and activities – including Bid Euchre, Euchre tournaments – a couple of Court Whist games – BBQs, etc.

Stay well and stay in touch!

**Wanda Menge,
President – Knightsbridge Seniors Club**

Vice-President’s Report

Hopefully everyone is keeping warm and well in this winter weather.

I would like to encourage our members to try some of the activities we have to offer at the Club. The activity schedule is at the back of the newsletter. Also our bulletin board will have posters of all upcoming events.

We welcome any suggestions about board games you would like to play or any activity you would like us to try. We’ll do our best to accommodate any suggestions.

Hope to see you at the club.

Angie Smith, Vice-President

Director’s Reports

Hello everyone, February is here already, and we are having our Pancake Breakfast on the 14th. I hope to see you at this first event of the year.

Our Snack Bar is doing well and so is our Friday afternoon Euchre. We always need volunteers so please come out and join us.

Nancy Van Tassel, Director

Hello everyone. The ceramics group has a lot of fun every Friday morning using their creativity painting ceramics ornaments, plates, bowls, piggy banks, and cups. Check out the display case in the hall to see some items we have for sale. The display will be changed periodically. You might see something you like, or you might be inspired to come and join us.

Sue Scheffer, Director

Kurling & Shuffleboard are both doing well. You are invited to join us on Thursdays from 9 to 10:30 am in the auditorium. They are a lot of fun and you’ll play with some terrific people.

Marguerite Friday, Director

Bingo is going surprisingly well, even with the cold weather. We welcome Zoe back as a Bingo caller, we sure need the help. On February 14 we are having a Pancakes, sausages etc., please get your tickets early, only \$8.00 each. See you at Bingo.

Brian Kent, Director



Knightsbridge Seniors Club

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Executive

President.....Wanda Menge
Vice President.....Angela Smith
Secretary.....Sophia Baranik
Treasurer.....Pat Malcolm

Directors

Marguerite Friday
Brian Kent
Susan Scheffer
Nancy Van Tassel

Knightsbridge News is published monthly for KSC members and guests. All news items will be considered for inclusion and must be received by the 20th of the month prior to edition.

News Editor: Scott Smith
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Join Us!

Wednesday, February 14, 2024

at **11 am Sharp** for our

PANCAKE BRUNCH



ORANGE JUICE
TEA OR
COFFEE

2
PANCAKES
EACH

2
BREAKFAST
SAUSAGES

\$8.00 PER PERSON

[Members ONLY please!]

BINGO will start following the brunch!

BUY YOUR TICKETS - IN ADVANCE
PLEASE - on sale AT THE FRONT DESK.

Your ticket will make you eligible for a
Valentine's Day surprise draw!

WE VOLUNTEERS

Your club needs your help!
We have an immediate need for
volunteer services at the
SNACK BAR and the **FRONT DESK.**

Making sandwiches,
serving coffee, tea,
and other snacks,
etc.

Greeting, keeping
information up to
date, memberships
and event ticket
sales and more!

You'll have fun and help your club.
Talk with any board member or volunteer
today!

Be a
KSC
Booster



Why volunteer?

With busy lives, it can be hard to find time to volunteer. However, the benefits of volunteering can be enormous. Volunteering offers vital help to people in need, worthwhile causes, and the community, but the benefits can be even greater for you, the volunteer. The right match can help you to find friends, connect with your community, learn new skills, and have a lot of fun.

Giving to others can also help protect your mental and physical health. It can reduce stress, combat depression, keep you mentally stimulated, and provide a sense of purpose. While it's true that the more you volunteer, the more benefits you'll experience, volunteering doesn't have to involve a long-term commitment or take a huge amount of time out of your busy day. Giving in even simple ways can help those in need and improve your health and happiness.

- Volunteering helps you make new friends
- Volunteering increases your social and relationship skills
- increases self-confidence
- Volunteering provides a sense of purpose
- Volunteering helps you stay physically healthy
- Volunteering brings fun and fulfillment to your life



2024 Memberships ON SALE NOW

**Knightsbridge Seniors Club
1A Knightsbridge Road, Brampton**

**2024 MEMBERSHIPS – are now on
sale at the Front Desk on weekdays
between 10:30 am – 1:30 pm only.**

For calendar year:

JANUARY-DECEMBER 2024

\$25.00 – FOR 55-84 YEAR OLDS

KINDLY NOTE:

Born between 1933-1938 [IF YOU
TURNED 85 IN 2023**] – your membership
fee is – \$15.00 for the year!**

Born 1933, or earlier [IF YOU TURNED 90
in 2023**] your membership is free, *for your
LIFETIME.***

**Happy
Birthday**

**TO OUR KSC MEMBERS
CELEBRATING IN
FEBRUARY**

Joan ANKCORN
Clara Winnie ANSTEY
Jennie ARMATA
Ahee BARAN BUDHWA
Davone BISHOP
Marlene CALLACOTT
Fernanda COUTO
Beverly CRANE
Junia CRICHLLOW
Margaret CROMB
Mae DUNWOODY
Diana FERRADA
Shirley FIELD
Mary JEFFREY
Jane LUFFMAN
Delores MCFARLANE
Adolf MENGE
Kate MILLS
Angela PILCH-BERNARD
Nancy POITRAS
Neil QUINLAN
Barbara ROCHETTE
Bonnie SHAW
Inge STECKIEWICZ
Maeve WALKER



**Chinguacousy Garden Club
and Horticultural Society**

February Meeting

Tuesday, February 13, 2024

Meet and Greet at 7:30 pm.
The meeting begins at 8 pm.

Knightsbridge Seniors Centre,
1A Knightsbridge Road, Brampton ON

Speaker: Darryl Cheng

Topic: Essentials of Houseplant Care

Attention

All Activity Convenors

Please get your and
your participants
"Volunteers"
hours for 2023
to Marguerite Friday,
ASAP!
Many thanks.

Romance in the City Word Search

Travel + Leisure magazine readers were asked to rank their favorite cities in the world for romance. The survey, delivered 22 results covering more than 7,840 miles, ranging from the palm-fringed beaches of Hawaii to the luxury hideouts of Venice.

Italy, unsurprisingly, holds fast to three spots with one claiming to be the No. 1 destination

(Venice). Paris is a close second, and almost a requisite for any couple traveling in the name of love. Beyond the beautiful but somewhat obvious picks, here are exciting new spots that ascended onto the list. Enjoy finding all these sites.

Did your favorite make this list? *J'aime voyager.*



Q F Z X E Y L F T O L N C M R
 U Z X V J U L A F O J X O S N
 E W V E U O G A E D T E Z O A
 B X U P R S Q A M R S M T G T
 E E V E S D R F R F T S Q B B
 C X N F E X P L H P E N D G S
 C C N Y G S E V I L L E O A R
 E A I C U N W V R S V Q N M N
 P G N F R O S A I F B T U S S
 X I D R B P H E Z E O O J T I
 A I R O T C I V V R N P N E R
 T S E P A D U B I I G N Z R A
 L J U B L J A N A S D O A D P
 Q W Y J J R I V Y H S L O A B
 Y H C E K A R R A M L P A M N
 R Q G N S K I U N B X B L M I
 V E N I C E Y R E R D N J F L
 J K M W H O N O L U L U K F B
 C T I O I W M M T J I N M A U
 X W E U S Y R E J O N J T P D

AMSTERDAM
 BRUGES
 BUDAPEST
 CHARLESTON
 DUBLIN
 FLORENCE
 HONOLULU
 KYOTO
 LISBON
 LJUBLJANA
 MALDIVES
 MARRAKECH
 MONTREAL
 PARIS
 PRAGUE
 QUEBEC
 ROME
 SANTORINI
 SEVILLE
 VENICE
 VICTORIA
 VIENNA



Knightsbridge Seniors Club

UPDATED PROGRAM & ACTIVITIES SCHEDULE

September 2023 - June 2024

<u>BOOKING TIMES</u>	<u>LOCATION</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
9:00-12 Noon	Meeting Room	<u>Stitch n Chatter</u> 10:00 am-12:00 pm	<u>Table Tennis</u> 9:00-10:30 am	<u>KSC Board Mtg.</u> 10:00-11:30 am <i>[1st WED. of mth.]</i>	<u>KSC Book Club</u> 9:30 - 11:00 am Craft Room - Last Thursday of month	
	Craft Room					<u>Ceramics</u> 9:30-11:30 a.m.
9:30-11am	COB Program	Billiards	Billiards	Billiards	Billiards	Billiards
10 am-1:30 pm	Auditorium	PAHA activities		<u>TAI CHI</u> 9:00-10:30 a.m. <i>(New day & time)</i>	<u>SHUFFLE-BOARD - or KURLING</u> 9:00-10:30 a.m.	
	Meeting Room		<u>Stitch n Chat-fer</u> 1:00-3:00 p.m.			
12-1:30pm	COB Program	Billiards	Billiards	Billiards	Billiards	Billiards
12:30-4:00 pm	Auditorium	<u>Line Dancing</u> 2:00-4:00 p.m.		BINGO PREP 11:30 am-12:30 pm BINGO GAME <i>(NEW start time)</i> 12:30-3:30 pm	<u>Bid Euchre</u> 1:00-4:00 p.m.	<u>Euchre</u> 1:00-3:30 p.m.
2:30-4 pm	COB Program	Billiards	Billiards	Billiards	Billiards	Billiards