



# Knightsbridge News

August 2022 \* Volume 12 \* Issue 8

## President's Report

Our 1st BBQ of the summer season was a remarkable success. Everyone who attended seemed to enjoy their lunch, many stayed and participated in Bingo later that afternoon.

We are considering doing this again before this great weather ends - around the end of September. STAY TUNED for further information very soon!

Line Dancing - the summer edition, began on Wednesday, July 20th, but will end on August 31st. We were glad to see so many of our line dancers who were interested in this program, even during the summer months. The regular sessions: on Mondays between 2-4 p.m. and Fridays between 7-9 p.m. will return after the Labour Day weekend in September 2022. WATCH for your dates - and stay in touch with your convenors for any further details.

I have had Sign-Up Lists posted on the main Bulletin Board - for "CRAFTS" and/or a "GAMES" afternoon. IF INTERESTED, please sign up on the applicable list - or drop me an email, or a note in my folder at the Club. I would love to know your thoughts and ideas, please.

Christmas Lunch is booked for November 25th, 2022. It will be held at the Lions Club Hall on Avondale Blvd., as usual. A DJ has already been booked for your enjoyment, and dancing pleasure. This year, we will be inviting you to bring your spouse, partner, or particularly good friend - BUT of course, their price will be slightly higher if they are not Club members for 2022. I will be working on the menu, and pricing by the end of the summer, with Spot One, our usual caterer. Stay tuned for updates!

DO NOT FORGET - OUR SNACK BAR IS OPEN from 8:30 a.m.- 2 or 3 p.m. approximately, depending on demand. Our current menu, & list of drinks and snacks are posted, along with their prices.

PLEASE REMEMBER to order your sandwich at the Snack Bar slightly ahead of lunch time, as our sandwiches are made to order. [Sandwiches can be pre-ordered after 9:00 a.m. only.] Volunteers just need a little notice to get them ready for you.

WATCH for our Wednesday LUNCH SPECIALS, which we hope to start back up in September, after Labour Day.

ALSO, In SEPTEMBER - we will return to our previous (pre-Covid) times for BINGO. Tickets, etc. will start being sold at



11:30 a.m., and your Game will start at 12:30 p.m. sharp!

Hope everyone had a great August Civic Day long weekend - and that you have all stayed safe and well over the summer!

**Wanda Menge,  
President, KSC**

## Vice-President's Report

Hello everyone, hope you are enjoying your summer. Please be careful in this heat, stay cool and hydrated.

Great B.B.Q. in July we hope to have one in September. Most activities will be back to normal in September so check your bulletin board.

Covid shots are available to all, so make your appointment.

See you all at the club,  
**Your Vice Peggy Healy**

## Director's Reports

Hello everyone. August is upon us with all the heat - try and stay cool and stay hydrated. Ceramics, Stitch and Chatter, Euchre and Bid Euchre are running all summer there is also a Line Dance

class on Wednesday morning from 10am to 12pm until the end of the month.

Hope to see you at the club. Enjoy the rest of the summer.

Nancy Van Tassel, Director

Kurling and Shuffleboard are holding their own. However, we would like volunteers for the front desk and to cover other programs. I can not report yet on the trip, but it was sold out.

Have a safe holiday.

Marguerite Friday, Director

Bingo is doing great and our Bingo callers are doing a great job. We will be having new games beginning in September, I hope everybody will like them.

Have a great Summer.

Brian Kent, Director

## LINE DANCING



Join in on the fun and exercise Wednesdays in the Auditorium from 10 am to 12 Noon until August 31<sup>st</sup>

### Knightsbridge Seniors Centre

1A Knightsbridge Road,  
Brampton, Ontario L6T 4B7  
Phone: 905-792-7422  
Fax: 905-458-4891  
knightsbridgeseniors@gmail.com  
www.knightsbridgeseniors.com

Visit us on Facebook 

### Executive

President.....Wanda Menge  
Vice President.....Peggy Healy  
Secretary.....Sophia Baranik  
Treasurer.....Pat Malcolm

### Directors

Donna Chard  
Nancy Van Tassel  
Marguerite Friday  
Brian Kent



**Ah, the modern days... I just saw a grandpa help a youngster who was staring into his phone, to cross the street.**

*Patient: "Doctor, you have to help me, I think I can see in the future."*

*Doctor: "When did it start?"*

*Patient: "Next Friday."*

**A woman told her friend, "I feel like my body has gotten totally out of shape, so I got my doctor's permission to join a fitness club and start exercising."**

**She said, "So, I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour. But by the time I got my leotards on, the class was already over."**

Why did the golfer bring an extra pair of pants?  
In case he got a hole in one.

**If my body were a car, I would trade it for a newer model.  
Every time I cough, sputter, or sneeze, my radiant leaks and my exhaust backfires**

*Knightsbridge News is published monthly for KSC members and guests. All news items will be considered for inclusion and must be received by the 20th of the month prior to edition.*

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## Celebrate Acadian Day August 15



Acadian Coastal Drive - Village of Grande-Anse, New Brunswick

The Acadian people, pioneers, and builders of the country have celebrated Acadian Day on August 15 since 1881, the year in which the first national Acadian convention was held in Memramcook, New Brunswick. The National Acadian Day Act was passed by the Government of Canada in 2003.

National Acadian Day highlights the contribution of Acadians to the Canadian cultural fabric, recognizes their historical presence on the land, and celebrates their cultural specificity in all its diversity.

In Newfoundland and Labrador,

Nova Scotia, New Brunswick, Prince Edward Island, Quebec, Northwest Territories, Ottawa and many other places across the country, activities are taking place to celebrate the heritage, history, and culture of the Acadian people.

Célébrer one of Canada's founding cultures on the 15th. Bonne journée tout le monde.



Learn more about Acadian history, visit:  
[www.thecanadianencyclopedia.ca/en/article/history-of-acadia](http://www.thecanadianencyclopedia.ca/en/article/history-of-acadia)



**to Our KSC  
Members  
in August!**

**Peggy Healy  
Eric Jackson  
Anita Jackson  
Amity Lam  
Valerie MacKinnon  
Carol Martin  
Howard McKeown  
Giovanni Portincasa  
Yvette Sarrasin  
Frank Shuttleworth  
Emily Teo  
Dorothy Wright  
Jacqueline Fraites**

*Happy birthday to you!  
With another candle on  
the cake, remember that  
age is just a number.  
Don't count the candles  
but see the light they  
shine.*

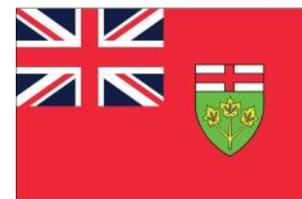
## Ontario County Word Search

Ontario is Canada's second largest province by land area, totalling 917,741 sq. kilometers (354,342 sq. miles). Its physical features vary greatly from the Mixedwood Plains in the southeast to the boreal forests and tundra in the north. The province is named for Great Lake Ontario, an adaptation of the Iroquois word Onitariio, meaning "beautiful lake", or Kanadario, variously translated as "beautiful water". There are approximately 250,000 lakes and over 100,000 kilometres (62,000 mi) of

rivers in the province.

Ontario's population reached 14,951,825 on January 1, 2022, with a increase of 36,555 people during the fourth quarter of 2021. All Ontarians live in one of 22 counties, and 21 of them are listed below. Can you find them all?

One Ontario County is missing, do you know which one?



N T N L E N N O X H J P G E I  
 I I J O H J W G A V E M O Q E  
 S Z R I T E G S H R N S R Y H  
 J T P E R B T R T Z O C G I A  
 L M O F F I M H E E R G Y S L  
 Q U N R N F B A X Y T Z K N I  
 X E B G M E U E L F H X S E B  
 R Y S O C O S D K B U F G S U  
 H X P G F S N R G D M C D L R  
 M G Y M E U I T Y K B E N X T  
 E C U R B F R O N T E N A C O  
 M J C O V S E L U L R N M S N  
 Q I I Q R C G S B B L N T K U  
 G P D C R O D N M E A I T R D  
 H U F D D S B I W O N G O A P  
 O P C M L G N R Y W D L C N A  
 N O R U H E I A E B K E S A H  
 I H L O B H S Z Q T Q D E L Z  
 Q T F H V L T E M N E U R B Y  
 S I M C O E E M X X Q P P F P

- BRUCE
  - DUFFERIN
  - ELGIN
  - ESSEX
  - FRONTENAC
  - GREY
  - HALIBURTON
  - HASTINGS
  - HURON
  - LAMBTON
  - LANARK
  - LEEDS
  - LENNOX
  - MIDDLESEX
  - NORTHUMBERLAN
  - PERTH
  - PETERBOROUGH
  - PRESCOTT
  - RENFREW
  - SIMCOE
  - STORMONT
- What is the missing Ontario County?*
-



# MOVIES UNDER THE STARS

## FREE, FAMILY-FRIENDLY MOVIES OUTDOORS NEAR YOU!

June 16 to September 1

To view a full list of movies, locations, and start times, visit [brampton.ca/moviesunderthestars](http://brampton.ca/moviesunderthestars)

Don't forget to bring a chair or blanket!

**GENEROUSLY SPONSORED BY:**



# KSC PROGRAM/ACTIVITY SCHEDULE

## FALL/WINTER 2022

*(Start up dates after Labour Day weekend)*

BOOKING TIMES	LOCATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00-12 Noon	Meeting Room	<u>Stitch n Chatter</u> 10 am-12 pm	<u>Table Tennis</u> 9-10:30 A.M.	<u>KSC Board Meeting</u> 10-11:30 a.m. <i>[1st WED. ea .mth.]</i>	<u>Table Tennis</u> 9:00-10:30 A.M.	
	Craft Room				<u>BOOK CLUB</u> 9:30 a.m. ( <u>LAST THURS.</u> ea. month)	<u>Ceramics</u> 9:30-11:30 a.m.
9:30-11am	COB Program	Billiards	Billiards	Billiards	Billiards	Billiards
9:00-12 Noon	Auditorium		11-11:55 a.m. <i>Low Impact [COB]</i>  12:15-1:10 p.m. <i>Chair [COB]</i>	<u>TAI CHI</u> 9:00-10:30 a.m. (NEW DAY & TIME) <i>[STARTS Sept. 7<sup>th</sup>]</i>	<u>SHUFFLE-BOARD - or KURLING</u> 9:00-10:30 a.m.	11:30 am-12:25 pm <i>Zumba [COB]</i>
	Meeting Room		<u>Stitch n Chatter</u> 1-3:00 p.m.			
12-1:30pm	COB Program	Billiards	Billiards	Billiards	Billiards	Billiards
12:30-4:00 pm	Auditorium	<u>Line Dancing</u> 2-4:00 p.m. <i>[STARTS Sept. 12<sup>th</sup>]</i>	<u>CHOIR</u> 1:30-4:00 p.m. <i>[STARTS Sept. 6<sup>th</sup>]</i>	(NEW time-STARTS Sept. 7 <sup>th</sup> ) <u>BINGO PREP.</u> From 12:30 p.m. <u>BINGO (NEW time)</u> Starts at 1:45 P.M.	<u>Bid Euchre</u> 1:00-4:00 p.m.	<u>Euchre</u> 1-3:30 p.m.
2:30-4 pm	COB Program	Billiards	Billiards	Billiards	Billiards	Billiards
<b><i>4pm – 4:30pm CLOSED - Building to be cleaned and sanitized</i></b>						
4:30pm		CLOSED	CLOSED	4:30-5.25 p.m. <i>Chair [COB]</i>  5:45-6:40 p.m. <i>Strength &amp; Stretch [COB]</i>	CLOSED	
7 pm – 9 pm	Auditorium					<u>Line Dancing 7-9 pm</u> <i>[STARTS Sept. 9<sup>th</sup>]</i>

## Christmas Lunch

Friday, November 25



NOTE

### BINGO

Until September 7!  
Every Wednesday

**BINGO PREP from 12:30 p.m.  
GAME START at 1:45 p.m.**