



January 2022 * Volume 12 * Issue 1

President's Report

Best wishes to all of you, and your families - for an incredibly happy, healthy, and prosperous 2022.

SLIGHTLY UNFORTUNATE BREAKING NEWS:

Due to the increase in Ontario cases, with the new Omicron variant causing a significant rise in Covid cases - effective JANUARY 3RD, 2022, we will need to reduce the maximum capacity of each room. Here is what this means for us:

Effective January 3rd, 2022, the changes listed below will go into effect - some remain unchanged, BUT others will go back to numbers that reflect the 2M or 6ft. square distancing:

Ceramics Room: room capacity will be 5 maximum

Auditorium: room capacity will be 25-26 maximum

Meeting Room: room capacity will be 10 maximum

Billiards room: room capacity will be 4 maximum

Lounge: room capacity will be 15 maximum

Specifically, the major changes will be:

As of JANUARY 3RD,

2022 - I have been asked to delay the following program - LINE DANCING (held on Monday afternoons, and Friday evenings) for a period of two (2) weeks. This program will start back up on January 17th - unless informed otherwise!

YOU MUST continue to book your spot - with the assigned convenor for each activity, or program - **particularly for Bingo, Bid Euchre and Euchre** - since we are going back to **slightly LIMITED NUMBERS.**

AND - MOST IMPORTANTLY, you have to remain masked, at all times, and for all programs and activities - that includes Tai Chi.

Also, please note:

Effective January 3rd, the City, and Knightsbridge Seniors itself, will not be accepting vaccination proof, without a QR code. All our members will require the proof with QR code, either on phones, or in paper form. In addition, anyone who has a medical exemption is also required to obtain a QR code for their exemption. **Paper copies without the code will not be accepted at the door.**

Below is the link to get your vaccine certificate, with the QR codes.

[How to get your COVID-19 vaccine certificate \(ontario.ca\)](https://www.ontario.ca/health/immunization/qr-codes)

Please pass this along to your friends, and fellow participants. City of Brampton staff will also be on hand, and available to help those of you who are having trouble obtaining these.

Since not many of our members have the convenience of having an email. In cases like this, I always plead with those of you, who do receive my emails, and the newsletters, and have this convenience, to kindly let friends, participants, and other members know about any of these new rules and regulations that are in effect. The City of Brampton will also post notices on the entrance doors to Knightsbridge with up-to-date information, as it occurs.

Let us all just hope that we do not go into a full-fledged lockdown like we did in March of 2020. I am hopeful that we will not - but please stay tuned, and do not hesitate to contact me if you are unsure, or need further information, at any time - (but not before 8:30 a.m. in the morning and certainly not after 9:00 p.m. at night, please).

Stay safe, stay strong!

**Wanda Menge,
President**

Vice-President's Report

Hello everyone hope you all had a safe and healthy Christmas and were able to spend time with family.

With this New Year upon us during these stressful times please be very careful, wear your masks and make sure they are sealed all around your mouth, we all need to do our part. Let's hope the New year will be one that we see the end of this virus.

Don't forget your New Membership and be kind to one another.

Your Vice,
Peggy Healy

Director's Reports

Hello everyone, I hope you all had a great Christmas and New Year. Welcome back to our programs here's hoping we will be able to continue without any disruptions with the restrictions which are in place.

Our carpet bowl on Tuesday morning at 9am needs participants and the euchre on Friday at 1 pm can always use a few more players.

I hope everyone is staying healthy and abiding by all the

rules regulated by the province and the city so that we can stay open and get through this. Looking forward to seeing everyone soon.

Please renew your membership for the year 2022. Thank you.

Nancy Van Tassel,
Director

Shuffleboard and Kurling are off until Jan 6th, the choir is off until January 18th. However, we are asking for more members for choir and shuffleboard. It can be very rewarding to come out and join our groups, we have a very small group that enjoys it all.

Please feel free to call to enquire we will be glad to hear from you.

Marguerite Friday,
Director

Volunteers Wanted

Folks – we need you to come out, participate and enjoy the programs and activities that we run on a weekly basis. Most of them are doing well, as far as the number of members who are coming out to participate. BUT there are a couple of activities that are not doing so well:

- CARPET BOWLING
- SHUFFLEBOARD/ KURLING
- OUR CHOIR
- FRONT DESK
- SNACK BAR

The Snack Bar is only serving pre-packaged goods, and drinks now, but eventually we hope to get back to normal service. We do need folks to man the counter during the week.

MOST of these volunteer jobs may only be one day a week, for a couple of hours of your time – and would help your Club out immensely!



Knightsbridge Seniors Centre

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Brampton, Ontario L6T 4B7
Phone: 905-792-7422
Fax: 905-458-4891

knightsbridgeseniors@gmail.com
www.knightsbridgeseniors.com

Visit us on Facebook 

Executive

President.....Wanda Menge
Vice President.....Peggy Healy
Secretary.....Sophia Baranik
Treasurer.....Pat Malcolm

Directors

Donna Chard
Nancy Van Tassel
Marguerite Friday

Knightsbridge News is published monthly for KSC members and guests. All news items will be considered for inclusion and must be received by the 20th of the month prior to edition.

News Editor: Scott Smith
Email: admanej@bell.net

COVID-19 Health and Safety Guidelines

Select City of Brampton Recreation Centres have reopened for limited and modified programs and services, including room rentals. Please review important information pertaining to permitted use of City facilities:

- In accordance with Ontario regulations and Ministry Guidelines, proof of vaccination requirements apply for patrons visiting City of Brampton Recreation facilities.
- Patrons will be required to use the enhanced vaccine certificate with QR code and the Verify Ontario app to access recreation centres as of January 4, 2022.
- Online screening and contact tracing form comes into effect January 3, 2022. The online form can be accessed at www.brampton.ca/recscreening or via QR code on posting. Onsite paper-based contact to be made available for visitors who do not wish to complete online pre-screening.
- Medical exemptions will only be verified using the certificate with the QR code as of January 10, 2022.
- Permit holder is responsible to ensure that an accurate list of all participants is compiled upon each visit for contact tracing purposes. This list is to be made available to the City of Brampton if needed.
- All participants are to follow recommended Peel Public Health hygiene practices while on site.
- All participants are to arrive no more than 10 minutes prior to their indicated permit start time and should exit within the following 10 minutes after their permit end time. This is to avoid crossover of groups and allow for cleaning.
- Indoor recreational amenities and meeting and event spaces are at a 50 per cent capacity limit.
- No patrons are permitted to dance or sing, including by performing karaoke, within the rented space.
- The number of patrons permitted to sit at a table in a restaurant, bar and other food or drink establishment and meeting and event space will be limited to 10 people and patrons will be required to remain seated.
- Please be advised that there is no loitering permitted in facilities or in facility parking lots. Participants should arrive and enter/exit as a group.
- While indoors, masks are to be always worn by everyone.
- All groups must follow current Ontario provincial guidelines with respect to gathering restrictions and vaccine requirements.
- All participants are to follow any specified facility traffic flow plans.

Any violation of these guidelines and policies will result in the revocation of your permit and may affect future bookings with the City of Brampton. Please be advised that policies are subject to change.

For up-to-date information, visit brampton.ca/recreation or contact the Recreation division facility rentals team using the information below.

2022 Memberships ON SALE NOW

@ - Knightsbridge Seniors Club
1A Knightsbridge Road, Brampton, ON.

**2022 MEMBERSHIPS – on sale
at the Front Desk on weekdays
between 11:00 a.m.-2:00 pm only**

**For calendar year:
January-December 2022
\$25.00 – for 55-84 year olds**

KINDLY NOTE:

**For those folks born between
1932-1936
IF YOU TURNED 85 IN 2021
– your membership fee will be
\$15.00 for the year!**

**For those of you who
TURNED 90 in 2021
[born 1931, or earlier]
– your membership is free,
*for your lifetime!***

***I'm Fine
Thank You***



There is nothing the matter with me
I'm as healthy as can be.
I have arthritis in both my knees
And when I talk, I talk with a wheeze,
My pulse is weak and my blood is thin,
But I'm awfully well for the shape I'm in.

Arch supports I have for my feet,
Or I wouldn't be able to go on the street.
Sleep is denied me night after night,
But every morning I find I'm all right,
My memory is failing, my head's in a spin
But I'm awfully well for the shape I'm in.

The moral is this - as my tale I unfold,
That for you and me who are growing
old,
It's better to say, "I'm fine" with a grin,
Than to let folks know the shape we're in.

How do I know that my youth is all
spent?

Well my 'get up and go' has got up and
went.

But I don't really mind when I think with a
grin,
Of all the grand places 'my get up' has
been.

Old age is golden, I've heard it said,
But sometimes I wonder as I get into bed,
With my ears in the drawer, my teeth in
the cup,
My eyes on the table until I wake up.
Ere sleep overtakes me, I think to myself
Is there anything else I could lay on the
shelf?

When I was young, my slippers were
red;

I could kick my heels right over my head.
When I got older, my slippers were blue;
But still I could dance the whole night
through.

But now I am old, my slippers are black;
I walk to the store and puff my way back.

I get up each day and dust off my wits,
And pick up the paper and read the
'obits'.

If my name is still missing, I know I'm not
dead -

So I have a good breakfast and go back
to bed.

Constance O'Neon, 1953

Programs, Information, Days & Times

**PLEASE REMEMBER TO BOOK YOUR "SPOT" EVERY WEEK,
UNTIL ADVISED OTHERWISE!**

STITCH N CHATTER (Meeting Room)
Terry Dempster 647-274-7910
MONDAYS: 10-12 Noon;
TUESDAYS: 1-3:00 pm

LINE DANCING
MONDAYS: (Auditorium)
2:00-4:00 p.m.
Call Sue Melito 905-230-7145
FRIDAYS: (Auditorium)
7:00-9:00 p.m.
Call Wanda Menge 289-544-7998

CARPET BOWLING (Auditorium)
Tuesdays: 9:00-10:30 a.m.
Nancy Van Tassel 647-226-4192

TABLE TENNIS (Meeting/Dart Room)
Wanda Menge 289-544-7998
Tuesdays & Thursdays: 9-10:30 a.m.

CHOIR (Auditorium)
Marguerite Friday 905-452-9789
TUESDAYS: 1:30-4:00 p.m.

BINGO PREP 1:30-1:55 p.m.
Purchase your card kits, tickets, etc.
Wednesdays - in the Auditorium
Wednesdays: 2:00-4:00 p.m. PLAY Bingo
BOOK your slot EVERY WEEK with:
Donna Chard 647-216-6161

BOOK CLUB Last Thursday of the month
(Craft Room) 9:30-11:30 p.m.
Call Susan Fell for details 416-409-0315

SHUFFLEBOARD/KURLING
(Auditorium)
Marguerite Friday 905-452-9789
Thursdays: 9:00-10:30 a.m.

TAI CHI (Auditorium)
Marceline Liptak 905-793-1537
Thursdays: 11:00 a.m.-1:00 p.m.

Bid Euchre (Auditorium)
Wanda Menge 289-544-7998
Thursdays: 1:30-4:00 p.m.

CERAMICS (Craft Room)
Sandra Holovy 905-791-1693
Fridays: 9:00-11:30 a.m.

Euchre (Auditorium)
Nancy Van Tassel 647-226-4192
Fridays: 1:00-3:30 p.m.

Café / Snack Bar Opening – infrequent
opening times!
– Please check at the front desk,

HAIR SALON (Craft Room) **Delayed**
– to be discussed

New Year's Word Search

J A N U A R Y F R I E N A C E
 F R I E N D S Y A S R I L A H
 N E Y S E R T I E M O W B L C
 B S I L Y F A E N E I Y A E O
 N O C R N V N V E Y D L B N U
 A L D C L O C K L T I E Y D N
 R U V E W M I D N I G H T A T
 V T O A S T W S N O L Y I R D
 G I A N I N G S E V E U A R O
 C O N F E T T I T M I N G S W
 R N O L C E L E B R A T I O N
 A J A N U E L V E I M K E R A
 Y P A R T Y H A A P Y S E V W
 N E W Y E A R C L O K S O R Y
 S H A P P Y E B A L L R E S O

BABY

BALL

CALENDAR

CELEBRATION

CLOCK

CONFETTI

COUNTDOWN

EVE

FAMILY

FRIENDS

HAPPY

JANUARY

MIDNIGHT

NEW YEAR

NOISEMAKER

PARTY

RESOLUTION

TOAST



**I'm on two diets.
 I wasn't getting enough food
 on one.**

**Apparently RSVP'ing to a
 wedding invitation
 "Maybe next time"
 isn't the correct response.**

**Don't irritate old people.
 The older we get, the less
 "Life in Prison"
 is a deterrent.**

**I really don't mind getting
 older, but my body is taking
 it badly.**

**I want to be 14 again and
 ruin my life differently.
 I have new ideas.**

**I told my wife that I wanted
 to be cremated.
 She made me an appointment
 for Tuesday.**

**My wife asked me to take her to
 one of those restaurants where
 they make the food right in
 front of you.
 I took her to Subway.**

**I went line dancing last
 night. Ok, it was a roadside
 sobriety test...same thing.**

*Thanks to Brian Kent
 for these submissions!*