

TAI CHI CLASS – BREAKING NEWS!



WELCOME to Pauline Dykes, who will take over the Tai Chi class, as of:

WEDNESDAY, SEPTEMBER 7TH
FROM 9:00 a.m. - 10:30 a.m.

in the Auditorium.

Your current Tai Chi Instructor, Susan Shaw, has had to quit, due to health issues. We wish Susan a speedy recovery - and thank her for her leadership.

KINDLY COME IN ON THIS DATE - and try out this new day and time - and as usual, this class will be pay-as-you-go, for the activity fee of \$3.00 every week - with your Knightsbridge Seniors Club membership - please.